

**turn
2us**

Tackling
financial
insecurity
together.

50 squats a day for Turn2us



Could you take on 50 squats a day in March? Achieve your fitness goals, and help those of us who are struggling to keep food on the table right now.

Visit facebook.com/groups/50squats for info and to sign up!

Turn2us.org.uk

Turn2us is a trading name for Elizabeth Finn Care, a charity registered in England and Wales no: 207812; and in Scotland no: SC040987.